



# COVID-19 Test Report / Fit to Fly Travel Certificate

Name:

Results Date:

Passport Number:

## COVID-19 Test Details

Client name:

Date of Birth:

Sex:

Report Date:

Sample Date:

Sample type:

## COVID-19 Information

The COVID-19 PCR Test is testing for the virus SARS-CoV2 (severe acute respiratory syndrome coronavirus 2) which causes the disease "Coronavirus Disease 2019" (COVID-19).

As of 3rd April 2020, manufacturers confirm the COVID-19 assay primers and probe still show 100% homology with the 2,468 full length, good quality SARS-CoV-2 sequences published on the GISAID EpiCoV database.

## Coronavirus Test Information

### • COVID-19 Testing Methodology.

The test is a molecular rt-PCR assay based on the detection of the nucleic material (RNA) within the virus. The presence of this nucleic material in a swab sample indicates infection, whereas its' absence indicates a negative result (Clear).

### • Test Accuracy and Specificity.

To ensure the efficacy of our tests, we have partnered with an ISO and UKAS accredited laboratory that adheres to high standards of quality assurance and quality controls. Clinical evaluation of the genesig Real-Time PCR Coronavirus (COVID-19) CE IVD was conducted with contrived swabs in a blinded trial. As of 3rd of April 2020, Independent Clinical Performance Evaluations confirm Primerdesign COVID-19 CE-IVD and RUO assays are highly specific (98% accurate) for the detection of SARS-CoV-2 virus (previously called 2019-nCoV) and detection of coronavirus COVID-19 disease.

### • Quality Assurance.

Rightangled Healthcare is registered with the Care Quality Commission to enable us to provide Regulated Healthcare Activities including Genetic testing, Diagnostics and Screening services. All the laboratories used by us are ISO accredited and registered with various NEQAS schemes. CQC and UKAS accreditations are maintained through passing regular inspections and maintaining continuous high standards.

## General Questions

What is your date of birth?

Ethnicity:

What is your height?

What is your gender?

What is your weight? 40 kg

Do you smoke?

Do you drink alcohol?

Do you take vitamins, minerals or supplements?

Are you currently taking any medication?

What activities/exercise are you currently participating in?

How often do you train a week?

How much water do you drink a day?

What employment sector do you work in? Education  
Does your occupation involve much--physical exercise?

How many days a week do you work?

How many hours a day do you work?

How many servings of fresh fruit and vegetables do you consume a day?

# COVID-19 TEST

Report Date: 08/10/2020

Lab Reference: CFTIYJVDKPU4Q

## Result

# NEGATIVE

Your swab did **NOT** contain viral nucleic material (RNA) from SARS-CoV-2 which causes COVID-19.  
**This means at the time of the test you were NOT infected with SARS-CoV-2.**

## Next Step

Even with a negative COVID-19 result, you still need to continue following the government's guidelines on social distancing.

By having a negative result now, that does not mean you will be immune from getting infected with COVID-19 in the future. Therefore, following preventive guidelines such as regular washing of hands (with soap for at least 20 seconds), covering mouth and nose with a tissue when you sneeze or cough and putting used tissues into the bin immediately, ensuring you wash your hands afterwards and avoiding contact with people who have symptoms of COVID-19 are still essential.

More information on the government's rules on isolation and preventive measures can be found using the resources below:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

## Treatment

There is currently no specific treatment/cure for COVID-19.

Antibiotics do not work against COVID-19 as it is a virus and not a bacterial infection.

If infected, treatments are used to relieve your symptoms while your body produces antibodies to fight the virus.

Here are a few steps you can take to help yourself get better, as recommended by **www.gov.uk**

These include drinking enough water to keep yourself hydrated, it is advised to drink enough that your urine is of a pale clear colour. Also use over-the-counter medications such as paracetamol to help with the symptoms (Use according to the instructions on the packet or label and do not exceed the recommended dose).